



Medford City Council
Medford, Massachusetts

MEETING DATE

May 26, 2026

SPONSORED BY

Emily Lazzaro, Council Vice
President

AGENDA ITEM

26-097 - Resolution to Discuss Newest Recovery Group Offered by Medford's Office of Prevention and Outreach for First Responders and Veterans

FULL TEXT AND DESCRIPTION

Whereas first responders and veterans are disproportionately affected by mental health disorders including PTSD, anxiety, and depression, and;

Whereas many first responders and veterans can feel uncomfortable reaching out for help with mental health concerns due to negative stigma, often instead turning to substances, and;

Whereas people with substance use disorder also face significant negative stigma in this community and elsewhere, now therefore;

Be it resolved that the Medford City Council discuss and promote the important work of Medford's recovery coach Chris Summa who is now offering a regular weekly recovery meeting for first responders and veterans dealing with substance use disorder. The meeting takes place at the First Baptist Church of Medford every Tuesday at 7pm.

Be it further resolved that the City Council invite Chris Summa and Director of Veterans' Services Victoria Shaw to the May 26, 2026 meeting to discuss and promote the recovery group.

RECOMMENDATION

FISCAL IMPACT

ATTACHMENTS

None